



NOLICHUCKY RIVER

FULL DAY RAFTING ADVENTURE

High Mountain Expeditions rafting trip on the Nolichucky River is North Carolina whitewater rafting at its best. Cutting the deepest river gorge east of the Mississippi River, the Nolichucky River offers a true world class whitewater experience. Adventure seekers will paddle the Nolichucky River starting in North Carolina and finishing in Tennessee. Some of the biggest waves are found on this section of the Nolichucky River. The watery bliss of the Nolichucky River is matched by its stunning rock-scapes and Native American legends make the Nolichucky River an idyllic whitewater adventure. Alluring water temperatures make the Nolichucky River perfect for swimming and paddling. The Nolichucky's large sandy beaches create the perfect place to serve our famous gourmet deli buffet lunch.

TRIP ITINERARY

6:50 - Check in at High Mountain Expeditions Banner Elk outpost, located at Ski Country Sports
7:45 - Arrive at Hardee's for breakfast, last running water restroom facility
8:40 - Launch rafts
12:00 - Enjoy High Mountain Expeditions famous gourmet deli buffet style lunch
12:45 - Load back in the rafts, ready to enjoy the rest of your adventure
2:30 - Arrive at High Mountain Expeditions Nolichucky River take-out location
2:35 - Change clothes in High Mountain Expeditions changing rooms
2:55 - Arrive at convenience store to allow guests to purchase a snack for the return home
3:55 - Arrive back at High Mountain Expeditions Banner Elk outpost, Ski Country Sports
4:00 - Meet and greet with your guides
4:05 - Slideshow of the day's photos and videos



WHAT TO BRING

- Swimsuit or Quick Drying Shorts
- Water Sandals / Shoes
- Waterproof Sunscreen
- Sunglasses with Strap
- Ball Cap
- Change of Clothes
- Towel
- Small Amount of Money

HIGH MOUNTAIN PROVIDES

- Helmet
- Personal Flotation Device (PFD)
- Paddle
- Wet Suit
- Dry Top

