



WILDERNESS HIKING

HALF DAY HIKING ADVENTURE

High Mountain Expeditions offers a series of active hiking adventures that all include extensive exploration with our knowledgeable guides. Whether you're interested in trekking the world-renowned Appalachian Trail or finding majestic waterfalls deep in the mountains of North Carolina, High Mountain Expeditions can customize a hike that is perfect for you. All of our hiking adventures access pristine wilderness and feature the very best of the North Carolina Mountains. So join us on one of our unique hiking adventures this year and we will show you the unforgettable nature of a High Mountain Expeditions adventure.

TRIP ITINERARY

9:50 - Check in at High Mountain Expeditions
Banner Elk outpost, located at Ski
Country Sports
9:55 - Complete liability and acknowledgement
of risk release waiver
10:00 - Load vehicles and depart for the
hiking destination of your choice
10:30 - Arrive at trailhead
10:35 - Detailed safety and trail orientation
speech
10:45 - Begin hiking adventure
11:25 - Stop for lunch (Optional)
2:05 - Arrive back at High Mountain Expeditions
vehicle
2:10 - Celebrate the successful completion
of your hiking adventure
2:15 - Depart for High Mountain Expeditions
Banner Elk outpost
2:45 - Arrive back at High Mountain Expeditions
Banner Elk outpost, Ski Country Sports

WHAT TO BRING

- Closed Toe Supportive Shoe
- Light-weight Waterproof Rain Coat
- Sunscreen
- Ball Cap
- Sunglasses with Strap
- Sport Water Bottle
- Camera – Waterproof Digital Camera
- Special Medications

