



HIGH MOUNTAIN EXPEDITIONS

Watauga River Rafting Itinerary

- 11:30** - Check in at High Mountain Expeditions Banner Elk outpost, located at Ski Country Sports
- 11:45** - Complete liability and acknowledgement of risk release waiver
- 11:50** - Issued a Personal Flotation Device (PFD)
- 11:55** - Load vehicles and depart for the Watauga River
- 12:45** - Arrive at High Mountain Expeditions picnic grounds
- 12:50** - Enjoy High Mountain Expeditions famous gourmet deli buffet style lunch
- 1:30** - Return to High Mountain Expeditions put-in location
- 1:35** - Final PFD check along with detailed safety and river orientation speech
- 1:45** - Launch rafts
- 2:00** - Arrive at High Mountain Expeditions original Jump Rock
- 4:00** - Arrive at High Mountain Expeditions private take-out location
- 4:05** - Change clothes inside High Mountain Expeditions private changing rooms
- 4:10** - Enjoy a snack riverside
- 4:15** - Load vehicles and depart for Banner Elk
- 5:00** - Arrive back at High Mountain Expeditions Banner Elk outpost, Ski Country Sports
- 5:05** - Meet and greet with your guides
- 5:10** - Slideshow of the day's photos and videos

*Note: This itinerary is provided as a sample. Actual times and activities are subject to change as a result of weather conditions, current water flows and guest preferences.