



HIGH MOUNTAIN EXPEDITIONS

Nolichucky River Overnight Itinerary

Day 1

10:00am departure from High Mountain Expeditions Banner Elk out-post, located inside of Ski Country Sports. A breathtaking morning drive through the back country of the North Carolina Mountains awaits you. Upon arriving at the Nolichucky River your guides will issue you the necessary equipment and give a detailed river safety speech. Your guides will then launch the rafts onto a calm section of the Nolichucky River, perfect for swimming and relaxing. This section offers the ideal warm-up rapids to get you ready for what lies ahead. After some exhilarating rapids you will arrive at High Mountain Expeditions overnight campsite. Enjoy your first camp dinner on the banks of the river, explore the area, play a game or just relax and soak in the beauty of the Nolichucky River gorge while your guides handle all the cooking.

Day 2

Awaken to a hearty breakfast and enjoy a short hike to the Lost Colony rich in folklore. Then climb back on your raft and enjoy some more class 3 and 4 rapids. If you are up for it, you can enjoy a short hike to the mysterious Devils Creek complete with a natural waterslide. After the hike, savor High Mountain Expeditions famous gourmet deli buffet style lunch. Once lunch is complete, enjoy surfing at Big Eddy and then we will head for High Mountain Expeditions Nolichucky River take-out point. Celebrate your successful adventure and arrive back in Banner Elk around 4:00 PM.

*Note: This itinerary is provided as a sample. Actual times and activities are subject to change as a result of weather conditions, current water flows and guest preferences.